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Growing Up

Do you remember the last time someone said to you, Grow Up! You probably remember the day, time and place. You can also remember the hackles on the back of your neck rising up and thinking to yourself, "Who do they think they are?" You might have even exchanged a few words with them.

But that is exactly what God says to us through Paul in Ephesians 4:12-13 [12] *for the equipping of the saints for the work of service, to the building up of the body of Christ; [13] until we all attain the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ.*

(Story continued on page 8.)

Church Nursery Addition

An addition to our church nursery is a 42" flat-screen TV mounted on the wall. This TV is connected to our church video system that records all worship services. Our nursery attendants are now able to be a part of the worship service while attending to the nursery.

We also plan to install a 26" flat-screen TV in our church kitchen to provide video to those working in the kitchen during a worship service, funeral or wedding. The wall space to install a TV is extremely limited in the kitchen thus requiring a smaller size set.

The great news is that both of these flat-screen televisions, along with a DVD player (destined for the nursery), have been donated to our church through the generosity of Karen Wilker and her family of Waseca. Karen was a member of Evangelical United Methodist and was providing this equipment to her church. When the decision was made to close Evangelical, Karen agreed to donate these items to Faith Church. We are so grateful to Karen and her family for this donation.

George Hagge

Special Points of Interest

- August Birthdays and Anniversaries, Included with Calendar
- Updated Directory Insert
- Special Events, Meetings, Page 4 & 9
- Cake Auction, Page 7
- Sermon Series and Small Group Schedule, Page 7
- UMW Fall Bazaar, Page 11
- Deno Pancake Fundraiser, Page 12

Thanks to everybody who helped let me and Beth go to camp this year! It was so much fun and I hope to go next year too! Thanks again,

Haley Becker

Dear Church,

Thank you for sending me to **church camp**! I had an awesome time swimming, practicing my play, and worshipping God! I hope to go to water ski camp next year with Haley!

From, *Beth Stankiewicz*

AMERICA IDEAL—A Musical about Humility

Created by Janet McMahan-Wilson; Arranged by Ted Wilson

Brentwood-Benson Publishing, Inc.

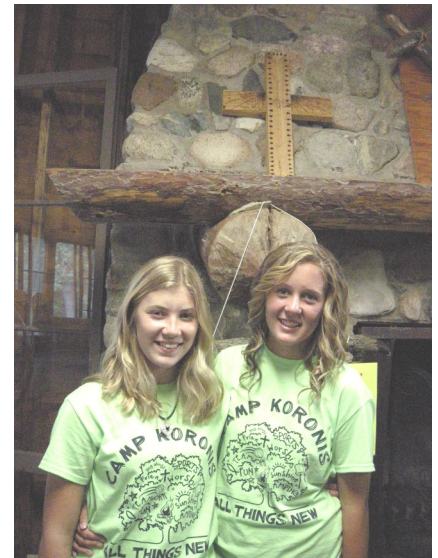
Producer: Haley Becker

Martha Steward: Beth Stankiewicz

What a fantastic week of living out “All Things New.” We not only spent time in our specialty-drama-we also had group activity time, swim time, and evening worships. We met new people who were experiencing camp and God in other specialties-archery and waterskiing. Together we created a new community where we learned about being shaped and changed to be more in Christ’s image.

Thank you for sharing your child with us this week. What a gift!

Leslie Hobson, Dean.



Upcoming Parish Nurse Events:

September 11th Some Time Away program starts.

September 29th Cookie auction during fellowship to raise money for Haiti mission trip.

October 1st Powerful Tools for Caregivers starts October 1st.



Worship @ The Fair 2013



Faith Crafters and Stitchers



Faith Crafters and Stitchers will meet on **Friday, September 13th**, from **9:30-11:30 a.m.** in the **Fellowship Hall**. All women are invited to bring their craft and sewing projects and join in a morning of work and fellowship. If you have questions, feel free to **call Sandy Voshell at 835-4122**. See you on the 13th.

2013 Simpson Meal

On **Saturday afternoon, October 5th**, a group of adults and youth will go from Faith Church to **Simpson United Methodist Church in Minneapolis**, to provide a supper meal for the men and women who sleep in the overnight shelter. Around 110 persons will be served. Again this year the meal will be catered by Hy-Vee and taken to Minneapolis. Your support is needed to help pay for the meal, as well as to provide bread, milk, bananas, and cookies. A signup sheet for the latter items will be available on Sunday, September 22nd.



Please make your **checks out to Faith United Methodist Church and put Simpson Meal in the memo line.**

This is one of the ways we as the people reach out to our brothers and sisters in need in very concrete ways. Thanks for all that you are able to do,

Bob Hunter

Nursery News

We are excited to announce that the new church nursery is very close to completion. For the past three weeks, as we put on the finishing touches, we've been open for business during the worship service. We would like to sincerely thank the congregation for their support and their donations, which allowed us to purchase some new, age appropriate and quality toys. Many thanks to our Nursery Committee for the hours of work they put into this project: Julie Svoboda, Linda Lohse, Wally Ruedy, Vada and Rodger Dahnert, Julie Sass, Shirley Burdick, George Hagge, Karen Ferch, and Jolene Kilmer.



- Special thanks to:**
- **Al Pursell and Linda Lohse* for painting the room on short notice
 - **Shirley Burdick & Julie Sass* for the beautiful 'Noah's Ark' mural
 - * *Pastor Victor* for his support and encouragement
 - **George Hagge* for installing the TV so we are able to watch the worship service
 - * *Julie Svoboda* for helping me strip, sand, and stain the shelves to house our toys
 - **Bruce Stauffer & George Hagge* for building the partition to close off the storage room from the nursery
 - **Paul Lohse, Neil Fruechte & George Hagge* for building the storage shelving in the old nursery
 - **Wally Ruedy & Rodger Dahnert* for rebuilding music cabinet and other building projects.
 - **Julie Svoboda and Sherry Scholljegerdes* for researching and purchasing the toys.



If you haven't been in to see the nursery, please do so. I guarantee you that it will put a smile on your face. It should be a warm and inviting place for the infants and toddlers who use it. We'll be sharing more information about the nursery in next month's Messenger.

Shirley Hansen, Committee Chair

Conversation, Bible & Friends:

This group meets **every Tuesday** from **4:00-5:00 p.m.** in the **Lake View Room.**

UMW Guest Night-

October 2 at 7pm.

A guest speaker and refreshments will be served.

Please bring guests and friends. More details will follow in the bulletin.

September is Back to School Month: Let us remember our Children and keep them safe

submitted by: Char Frankenberry

An African Invocation that was used during the Truth and Reconciliation Process in South Africa is a wonderful reminder for all communities worldwide:

- Let us take care of the Children, for they have a long way to go.
- Let us take care of the Elders, for they have come a long way.
- Let us take care of Those in Between, for they are doing the work.



What We Believe and Why We Do This Work:

On Children's Rights and Child Safety

We believe in the God-given worth and dignity of all children. Children, like adults, are created in the image of God. (Genesis 1: 27) Therefore, we do this work of advocacy for children's rights, dignity and safety because it is the right thing to do.

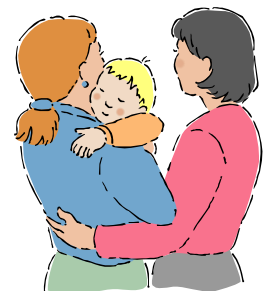
We believe in the sacredness and vulnerability of children. A basic belief is that children are human beings, not playthings. As human beings who are young, they have the right to life, freedom and expression. We believe in them as persons in their own right, not objects for control or domination. Because children are vulnerable, we need to provide safe and sustainable environment of care and protection. To paraphrase a noted Wesleyan saying, "Do all the

good you can for as many children as you can... Do no harm.

We believe children can teach us about right relationships, and about life in the reign of God. When the disciples asked Jesus, "Who is the greatest in the kingdom of God?", Jesus called a child, lovingly placed the child in the midst of disciples and said, "Truly I tell you, unless you change and become like children, you will never enter the kingdom of heaven." (Matthew 18:1-3) Because children are living metaphors of humility, teach-ability, and openness to the future, we are graced when they are in our midst. "Live as children of light." (Ephesians 5: 8b)

Advocacy for and working with the marginalized is a dimension of doing mission wherever we are. Millions

of children around the world suffer everyday due to wars, hunger, poverty, child labor and domestic abuse. Our advocacy and care for children



necessarily demands doing justice, loving kindness and walking humbly with God, neighbors, and children. (ref. Micah 6:8) Our work to ensure children's rights and safety is a clear expression of our solidarity with the most vulnerable and, at the same time, most wonderful members of God's family. We believe this is part of what John Wesley called "social holiness."

A Review of “If You Want to Walk on Water, You’ve Got to Get out of the Boat”...

Submitted by: Edy Barber



John Ortberg’s book: “If You Want to Walk On Water, You’ve got to Get Out of the Boat” is engaging and challenging, but also refreshingly humorous. It draws you happily back chapter after chapter. This is the kind of book, plus study that will elicit all kinds of thought and discussion, and ultimately God approved action.

The ever impulsive, passionate man of action, Simon Peter, cried out to Jesus from the boat, he and other disciples were in, during a raging storm. Jesus walks on the water approaching the boat. When Peter cries, “If it is you Lord, command me to come to you on the water.” Jesus said “Come” and the first human “water-walker” was born. Yes, Peter became afraid at one point, but Jesus was there to catch him. Jesus will be there to catch us too. Also, Pastor Victor, and our community of believers will be there to encourage us.

John Ortberg explains that part of the human story is the struggle between faith and fear. There is always fear when God calls us to step out of our comfort zone; but, also great excitement. We are going on this great adventure with our God; the God who loves us as sons and daughters. Ortberg says that God promises his presence and reassurance. He will equip us with the skills, gifts, or friends that we need to complete His assignments.

I am so excited about all of this church study. I have never had the opportunity to be in one before. This is a wonderful book and with Pastor Victor’s gifts of preaching and teaching, we will all grow, learn, and develop the courage to call out like Peter did “If it is you, Lord, command me to come to you on the water.”



CHURCH BUS



Our church is responsible for having a rider on the Sunday bus the month of October. You meet the bus at the fair grounds and ride along, helping people on and off the bus. Sometimes we walk to their door to escort them, others hop on and off. We assist where we are needed. It’s a rewarding service, meeting people and visiting as we ride along. Please volunteer to ride the Sunday Bus. Call Kim at the church office 835-3167 or contact Barbara Friedl (cell 832-969-6109).



Cake Auction

submitted by: Roberta Walker

The Cake Auction held during fellowship on June 23rd WAS the biggest and best one we ever had!! It appeared like everyone enjoyed the auction and had fun bidding on the cakes. The United Methodist Women (UMW) wanted to raise money for signage for the fall bazaar and the cake auction did the trick.

Doug Jones entertained us as he auctioned off the seven cakes.

A big thank you to the ladies that baked the cakes; Shirley Burdick, Karen Ferch, Shirley Hansen, Lela Jones, Linda Lohse, Sherry Scholljegerdes and Roberta Walker.



Shirley Hansen and Lynn Swenson

The cakes all looked like they were very tasty and from what I hear, they were.

A thank you also to the highest bidders: Barb Friedl, George Hagge, Paul Lohse, Sherry Scholljegerdes, Wilda Smith, Patrice Waters, and Janet Welch.

**Sermon Series and Small Group Schedule based on:
 “If You Want to Walk on Water, You’ve Got to Get out of the Boat”
 by John Ortberg
 September-November**

Date	Sermon Title	Small Group Session/Date
9/29	How Big is your God?/On Water Walking	What is Water Walking?9/30-10/1
10/6	Boat Potatoes	The Tragedy of the Unopened Gift/ 10/7-10-12
10/13	Discerning the Call	Find Your Calling and Get Your Feet Wet/ 10/14-10/19
10/20	Walking on the Water	No Small Groups this Week
10/27	In the Storm	Facing Our Challenges, Conquering Our Fears, 10/28-11/02
11/03	Focusing on Jesus	Good News for Cave Dwellers, 11/04-11/09
11/10	Learning to Wait	11/11-11/16 Learning to Wait on Our Great God
11/17	How Big is Your God?	No Small Group

To be Equipped and Empowered...

(story continued from page 1.)

He desires we have a heart that is willing to **Engage** those around us with the Good News of Jesus Christ. God desires us to be **Equipped** for every good work that is put before us. And He has put within us His indwelling Holy Spirit to **Empower** us to do whatever He calls us to do. God wants us, in essence, to “grow up” spiritually and to grow into being more like Jesus. He has even given us the tools to do so.

He has **Equipped** us with spiritual gifts through the Holy Spirit that we are to use to **Engage** in service to others in the church and those in our community.

We are to pursue a Unity of Faith. We don't all have to think alike, but let us all find common ground in our faith in Jesus as our Lord and Savior.

He has given us a purpose that will transform our lives that is to **Know Jesus** more fully and more deeply. The result is that we will be **Empowered** to participate with Him in the healing of the world so we can become mature or complete in Jesus.

God wants all of us to grow up spiritually - to become mature believers, to be complete in Christ and to be whole people. He doesn't want us to just be tenured church members nor satisfied with the way we have always been. We are all called to spiritual maturity - it is called **Discipleship**.

There are three basic steps we are to take to become mature in Christ:

1. GET IN – you must be in the Kingdom and a

child of God to begin the journey. This is the first step!

a) Have you fully trusted in Jesus and Jesus alone for the forgiveness of your sins and the power to live a new life in Christ?

b) Are you driven by grace or by your own good works?

2. GET FILLED – the Spirit of God lives in you as a child of God. He has gifted you with spiritual gifts for the body, and he will empower you to become a disciple of Jesus.

a) Jesus promised that the Holy Spirit would come and dwell with all believers.

And I will ask the Father, and He will send you another Advocate to be with you forever. This is the Spirit of truth, whom the world cannot receive. You know Him because He dwells with you, and will be in you (John. 14: 16-17). The Holy Spirit is called the Parakletos or 'helper' - the one who comes alongside (John 16:7).

b) The Spirit of God is the power to live the Christian life.

- The Holy Spirit fills the believer [Ephesians 5:18]

- The Holy Spirit empowers the believer [Acts 1:8]

- The Holy Spirit leads the believer [Galatians 5:16-18]

- The Holy Spirit produces the character of Christ in the believer (Galatians 5: 22-23)

3. GET ON WITH IT- We are not to be passive
(Story continued on next page.)

Engaging, Equipping, and Empowering

(story continued from page 8.)

or stagnant in our spiritual lives, but we are all to be in the process of developing these holy and healthy habits in our lives.

*Do you pray? How often – frequently/daily, weekly, rarely, or only in crisis?

*Do you expect results, or do you pray out of habit? What is your subject matter - self, family, others?

*Do you give thanks to God? How often - frequently/daily, weekly, rarely, or only in crisis?

*Do you thank God for blessings and struggles?

*Do you praise God? Honoring God for who He is - justice, mercy, love, forgiveness, wisdom. What He has done for you in Jesus? In your life and family? For friends? How often - frequently/daily, weekly, rarely, or only in crisis?

*Do you study, ponder, soak in the word of God? Does it have authority in your life?

*Do you confess your sins to God? How often - frequently/ daily, weekly, rarely, or only

in crisis?

* Do you repent/ change your behavior?

We are all a work in progress and some days are better than others. Paul knew this and so he wrote these words of encouragement to us. In *Philippians 4, [13] Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead. [14] I press on toward the goal for the prize of the upward call of God in Christ Jesus.*

As we walk with Him and know Him better each day, we will have a heart that is willing to **Engage** those around us with the Good News of Jesus Christ. We will be **Equipped** for every good work that is put before us. And we will know He has put within us His indwelling Holy Spirit to **Empower** us to do whatever He calls us to do. This is my prayer for each of you and myself as together we press on to greater maturity in Jesus.

Pastor Victor

MONTHLY MEET-UPS

Elizabeth Circle

UMW Elizabeth Circle will meet **Wednesday, September 18th**, in the **Lake View Room** at **3:00 p.m.** Sandy Voshell will be the hostess with Shirley Hansen leading devotions. Guests and visitors are welcome to join us.

Ruth Circle

UMW Ruth Circle will meet on **Wednesday, September 18th**, at **9:30 a.m.** The location is yet to be determined.

Mary Circle

UMW Mary Circle will meet **Tuesday, September 17th** at **Deloris Asmus' home** at **1:00 p.m.** Dolores Dahnert will provide the program.

Men's Club

Men's Club will meet on **Thursday, September 12th** at **6:30 p.m.** in the **Fellowship Hall**. Rodger Dahnert and Dick Westrum will host.

Medicine-A Modern Day Miracle Submitted by: Sherry Scholljegerdes

Have you ever thought how fortunate we are to live in a time when medications are available for almost all illnesses?

We in the U.S. have access to most all of them.

On August 14th, a pharmacist was available at our booth at "The Senior and Caregiver Expo." Surprisingly few people asked questions, an opportunity missed.



2013 Senior Expo,

Barbara Friedl and Sherry Scholljegerdes

Here are some questions put together by Vine Faith in Action Medication Management Program.

10 Questions to Ask Your Health Care Team About Your Medications

1. What am I taking this medication for?
2. Is it brand or generic drug?
3. Does this new prescription mean I should stop taking any other medicines I'm taking now?
4. How should it be taken?
 - How much?
 - How often and what time of day?
 - With or without food?
 - When should I stop taking the medicine?

- Will I need a refill?

5. What side effects can I expect? What should I do if I have a problem?
6. How do I tell if the medication is working?
7. Are there foods, drinks (including alcoholic beverages), other medicines, or activities to avoid while I am taking this medicine?
8. What if I miss a dose?
9. Are there any lab tests I need to complete while I am on this medication?
10. Where and how should this medication be stored?

Educate Before You Medicate!

Helpful Tips to Optimize Your Medications

Ask Questions! Learn about your health conditions and medicines by talking to your healthcare providers, including your pharmacist, and by reading about your condition(s) and your medications.

Make a Medication List That Includes:

- Names of all medications you currently use, including any prescriptions, over-the-counters (OTC), dietary supplements, and herbal remedies
- Who prescribed each medication (if prescription)
- What each medication is used for
- How often and at what dose you should take each medication

Be sure to keep your medication list up-to-date. Make copies to share with your loved ones and health care providers.

Educate Before You Medicate!

(Story continued from page 10.)

Ask Questions. Don't be afraid to ask your healthcare provider and pharmacist questions. Review information that is not clear to you.

Review all of your medications with your primary doctor or pharmacist at least annually. This will ensure that you are taking only medications you need and are not missing a medication you should be taking.

Again, Ask Questions! You are the best judge of your body and how you are feeling. Get the answers you need to take care of yourself.

This information is provided by VINE Faith in Action's Medication management Program, which is funded by a grant through the Minnesota River Area Agency on Aging. If you would like further information, contact Karen at Summit Center, (507)-345-5262. Should you wish to contribute to the continuation of this program, please send your contribution to: VINE Faith in Action Medication Mgmt Program; 1618 3rd Ave.; Mankato, MN 56001.

I would add, keep the list of the medications you take in your purse or wallet. The Waseca Clinic provides one at each visit.

You should keep the drug information given with a new prescription until you finish the medication.

These are a couple of good programs that are government-run so you can count on them being accurate:

Medicine Plus www.medlineplus.gov 1-888-346-3656, for everyone.

RXConnect www.MinnesotaHelp.info 1-800-333-2433, prescription help

LinkAgeLine 1-800-333-2433, information for older adults

Everlasting Healing

Luke 7:50 Jesus said to the woman "Your faith has saved you; go in peace."

Luke 8:48: Then he said to her, "Daughter, your faith has healed you. Go in peace."

Through Christ, we are truly healed. Let our faith be unwavering.

Peace and Grace,
Your Parish Nurse,
Sherry Scholljegerdes

UMW Fall Bazaar

November 2nd is the date of the **UMW Bazaar** and it probably sounds like a long way off, but if you plan on making something for the Fall Bazaar, you probably need to start working on it. ***From what I hear, it is going to be the biggest and best bazaar!*** But that's only if people think of something to make or bring to the bazaar.

This is a great opportunity for people to get involved.

We have ideas for items to make, so please inquire; because I am sure there is something you could help with.

The proceeds the **United Methodist Women** make at the Bazaar help us with the mission work we would like to do during the year.





Faith United Methodist Church

"Faith by the lake ~ and beyond!"

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Waseca, MN 56093**

Phone: 507-835-3167

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www.faithwasecaumc.com

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Pancake Breakfast

Ralph and Peggy Deno lost their home due to a fire on May 29th. Compliance codes require that their septic system be updated in order to get the building permit for their replacement home. This fundraiser is to help cover the costs of this that will not be covered by insurance. Please plan to attend!

Sunday, October 6th

Serving from 7:30am – 12 noon

Waseca American Legion

Menu: Pancakes, Sausages, Juice, Coffee, Milk

\$7.50 Adults \$2 Ages 6-12

5 and under are free \$20 per family maximum.

